Advice for parents:

Warning signs that your child may be being bullied:

- Unexplained bruises or scratches
- Non-specific pains
- Deterioration in school work
- Become irritable, appear upset, withdrawn, stop eating

What can a parent do:

- Be prepared to listen to your child
- Encourage and support your child to report the bullying
- Do not talk to the child involved or their family
- Families should/need to report bullying when they see it or hear about it
- Stay calm and speak to a staff member



13 Florence Street Hamley Bridge South Australia 5401

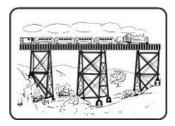
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Revised and approved by Governing Council November 2023



Anti-Bullying Policy



At Hamley Bridge Primary
School



We expect teaching and learning to take place in a safe and supportive environment.

Definitions:

Harassment: any unwanted behaviour that makes a person feel unsafe or uncomfortable.

Bullying has three main features:

- it involves misuse of power in a relationship
- it is ongoing and repeated
- it involves behaviours that can cause harm

Verbal bullying: could include teasing, name calling, spreading rumours, swearing at someone, telling nasty stories or laughing and giggling at someone and more

Physical Bullying: could include hitting, shoving, kicking, pinching someone, pulling hair, throwing things at others and damaging other people's property and more

Exclusion Bullying: could include ignoring a person, telling secrets, leaving a person out of a game, ganging up on someone, pretending that a seat is taken or running away from someone and more

Cyber Bullying: could include sending inappropriate, rude, harmful comments or pictures through: text messaging, emails and social networking sites and more

At Hamley Bridge Primary School we develop a safe and supportive environment by:

- Valuing others
- Listening to each other
- Explicitly teaching a range of social skills programs (including antibullying, resilience, assertive conversations)
- Accessing a range of support resources (eg "National Safe Schools Framework", "Bullying, No Way", Kimochis)
- Expecting and supporting school community members to take responsibility for their own behaviour
- Treating all reports of inappropriate behaviour seriously.
- Encouraging and supporting bystanders/witnesses to impact on incidents by
 - letting the person doing the bullying know that what they are doing is wrong
 - refuse to join in with the bullying and walk away
 - ask the student being bullied to join your group so that they are not alone
 - ask a teacher or another support person for help

If you're feeling unsafe:

Report it:

- When you have tried to resolve the problem (if you feel comfortable doing this)
- When it keeps happening
- When you want it to stop

Report it to:

Someone you are comfortable with:

- A friend
- Parent
- Teacher/Principal
- School Support Officer
- Pastoral Care Worker
- Kids Help Line 1800 551 800

Report it by:

- Talking
- Writing to a teacher
- Asking for help
- e-mailing

Consequences for bullying:

 Consequences will be applied as per the "levels of behaviour" as outlined in the behaviour code document